



COVID-19 Guidelines

2020 COVID-19 Montana Marathon Race Guidelines.

Due to the impacts of the COVID-19 pandemic, the Billings Family YMCA has implemented a plan so that everyone visiting for the race, everyone helping at the race, and everyone in Billings, MT is protected.

We politely but strongly ask that every runner, employee or volunteer follow these guidelines exactly. We ask anyone not willing to follow the guidelines to not come.

Additional guidelines and/or protocols may be added before race day. We will communicate these via email and on our Facebook page.

If anyone has any COVID-19 related symptoms please stay home: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea (<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>).

Bus Loading and Start Line

- All runners must wear face coverings on the buses.
- Runners must sanitize hands before entering buses. Hand sanitizer will be supplied.
- All buses will be sanitized before and after each group of runners are loaded and offloaded.
- Marathon runners signed up for the bus and ALL half marathon runners are required to ride the bus to start line. – **NO EXCEPTIONS!**

Aid Stations

- Water will be provided on trays by volunteers to minimize contact.
- All volunteers will be adhering to special guidelines to protect themselves and runners. Regular disinfecting of surfaces, social distancing, face coverings, etc. will be implemented.
- Social distancing shall be maintained while stopping at Aid Stations. Runners should not congregate at Aid Stations.

Finish Line

- Runners will enter the finish line area where medals, refreshments and snacks will be provided. Runners and volunteers must maintain social distancing in the finish line area.
- We ask runners to pick up their medal and snacks and proceed to the park to avoid congestion in the finish line area.
- Medical support will be provided by Billings Clinic in the finish line area.
- Race Day volunteers will be required to wear masks when social distancing is not possible.
- All spectators are asked to maintain social distancing; and are encouraged to wear masks.